## 110TH CONGRESS 1ST SESSION

## S. 1196

To improve mental health care for wounded members of the Armed Forces, and for other purposes.

## IN THE SENATE OF THE UNITED STATES

APRIL 24, 2007

Mr. Lieberman (for himself, Mrs. Boxer, Mr. Kennedy, Mr. Kerry, Mr. Harkin, and Mr. Chambliss) introduced the following bill; which was read twice and referred to the Committee on Armed Services

## A BILL

To improve mental health care for wounded members of the Armed Forces, and for other purposes.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Mental Health Care
- 5 for Our Wounded Warriors Act".
- 6 SEC. 2. FINDINGS.
- 7 Congress makes the following findings:
- 8 (1) An estimated one in six members of the
- 9 Armed Forces returning from service in Iraq or Af-

- ghanistan has a diagnosable condition of post-trau matic stress disorder (PTSD).
  - (2) One in ten members of the Armed Forces who have served in Iraq or Afghanistan may suffer from a traumatic brain injury (TBI).
  - (3) Since 2001, approximately 1,500,000 members of the Armed Forces have been deployed in support of the conflicts in Iraq and Afghanistan, of whom approximately one-third have served at least two tours of duty, 70,000 have served three tours of duty, and 20,000 have served at least five tours of duty.
  - (4) Currently, there are 700,000 children in the United States with at least one parent deployed to support ongoing military operations in Iraq and Afghanistan.
  - (5) The Department of Defense is facing a shortage of mental health professionals. The Department has had as many as 450 psychologists on active duty in the Armed Forces in past years. However, the Department currently has only 350 psychologists on active duty in the Armed Forces in support of combat operations.
  - (6) The demands placed on the Department of Defense mental health system exceed its capacity to

- provide services in a timely manner to all those in need.
  - (7) The long-term costs of treating members of the Armed Forces returning from Iraq and Afghanistan could ultimately reach \$700,000,000,000, with post-traumatic stress disorder projected to be one of the most expensive conditions to treat.
    - (8) Women now constitute 16 percent of the members of the Armed Forces and are assigned to 90 percent all military occupations. As a result, there is a need for research on whether or not women in combat roles have unique mental health needs that should be addressed by the mental health system of the Department of Defense.
    - (9) More than 25 percent of the members of the Armed Forces deployed in support combat operations in Iraq and Afghanistan are ethnic minorities. There is a need for research on whether or not minorities have unique mental health needs that should be addressed by the mental health system of the Department of Defense.
    - (10) Three out of every five deployed members of the Armed Forces have a spouse, child, or both. However, there is a paucity of research on the men-

| 1  | tal health needs of members of the Armed Forces       |
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| 2  | and their families.                                   |
| 3  | (11) Approximately 40 percent of the billets for      |
| 4  | licensed clinical psychologists in the Army are va-   |
| 5  | cant, and there are shortages in other mental health  |
| 6  | professions, including psychiatry and clinical social |
| 7  | work.   |
| 8  | (12) The long-term needs associated with men-         |
| 9  | tal health conditions and brain injuries will require |
| 10 | a robust mental health professional workforce.        |
| 11 | SEC. 3. SENSE OF CONGRESS ON MENTAL HEALTH OF THE     |
| 12 | MEMBERS OF THE ARMED FORCES.                          |
| 13 | It is the sense of Congress that—                     |
| 14 | (1) members of the Armed Forces deserve the           |
| 15 | best possible treatment for injuries sustained while  |
| 16 | in service to the United States;                      |
| 17 | (2) injuries sustained by members of the Armed        |
| 18 | Forces in combat produce both physical and menta      |
| 19 | illnesses;  |
| 20 | (3) members of the Armed Forces should have           |
| 21 | access to mental health providers to facilitate their |
| 22 | treatment for mental illness sustained during com-    |
| 23 | bat;  |
| 24 | (4) mental health disorders, such as post-trau-       |
| 25 | matic stress disorder (PTSD), incurred by members     |

| 1  | of the Armed Forces in combat should be treated       |
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| 2  | with an urgency similar to physical ailments in-      |
| 3  | curred by such members in combat;                     |
| 4  | (5) there is a need to train, recruit, and retain     |
| 5  | more psychologists, social workers, psychiatrists,    |
| 6  | neurologists, and other health care professionals to  |
| 7  | diagnose and provide short-term and long-term care    |
| 8  | for members of the Armed Forces with mental           |
| 9  | health conditions, including traumatic brain injuries |
| 10 | (TBIs), sustained in combat; and                      |
| 11 | (6) there is a continued need for—                    |
| 12 | (A) basic science research on post-trau-              |
| 13 | matic stress disorder, traumatic brain injury,        |
| 14 | and other combat-related conditions;                  |
| 15 | (B) the development of new treatments for             |
| 16 | post-traumatic stress disorder, traumatic brain       |
| 17 | injury, and other combat-related conditions;          |
| 18 | (C) the dissemination of best practices for           |
| 19 | treating and managing post-traumatic stress           |
| 20 | disorder, traumatic brain injury, and other           |
| 21 | combat-related conditions; and                        |
| 22 | (D) a long-term strategy for education,               |
| 23 | training, recruitment, and retention for the          |

mental health workforce of the Department of

| 1  | Defense in order to expand and improve that                   |
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| 2  | workforce.  |
| 3  | SEC. 4. CENTERS OF EXCELLENCE IN MILITARY MENTAL              |
| 4  | HEALTH.   |
| 5  | (a) Establishment.—   |
| 6  | (1) In General.—Chapter 55 of title 10,                       |
| 7  | United States Code, is amended by inserting after             |
| 8  | section 1105 the following new section:                       |
| 9  | "§ 1105a. Centers of Excellence in Military Mental            |
| 10 | Health  |
| 11 | "(a) In General.—The Secretary of Defense shall               |
| 12 | establish within the Department of Defense at least two       |
| 13 | centers of excellence in military mental health to carry out  |
| 14 | the responsibilities specified in subsection (c). Each such   |
| 15 | center shall be known as a 'Center of Excellence in Mili-     |
| 16 | tary Mental Health'.  |
| 17 | "(b) Partnerships.—The Secretary shall authorize              |
| 18 | each Center of Excellence in Military Mental Health to        |
| 19 | enter into such partnerships, agreements, or other ar-        |
| 20 | rangements as the Secretary considers appropriate with        |
| 21 | institutions of higher education and other appropriate        |
| 22 | public and private entities to carry out the responsibilities |
| 23 | specified in subsection (c).                                  |

- 1 "(c) Responsibilities.—Each Center of Excellence
- 2 in Military Mental Health shall have responsibilities as fol-
- 3 lows:

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- "(1) To direct and oversee, based on expert re-4 5 search, the development and implementation of a 6 long-term, comprehensive plan and strategy for the 7 Department of Defense for the prevention, identi-8 fication, and treatment of combat-related mental 9 health conditions and brain injuries, with an empha-10 sis on post-traumatic stress disorder (PTSD) and 11 traumatic brain injury (TBI).
  - "(2) To provide for the development, testing, and dissemination within the Department of best practices for the treatment of combat-related mental health conditions and brain injuries, including post-traumatic stress disorder, traumatic brain injury, acute depression, and substance abuse.
  - "(3) To provide guidance for the mental health system of the Department in determining the mental health and neurological health personnel required to provide quality mental health care for members of the armed forces.
  - "(4) To establish, implement, and oversee a comprehensive program to train mental health and neurological health professionals of the Department

- in the treatment of combat-related mental health
  conditions and brain injuries.
  - "(5) To facilitate advancements in the study of the short-term and long-term psychological effects of traumatic brain injury.
    - "(6) To disseminate within the military medical treatment facilities of the Department best practices for training mental health professionals, including neurological health professionals.
    - "(7) To develop a strategic plan to reduce the stigma among members of the armed forces regarding the presence of mental illness or other mental health conditions in such members.
    - "(8) To conduct basic science and translational research on combat-related mental health conditions and brain injuries for the purposes of understanding the etiology of such conditions and injuries and developing preventive interventions and new treatments.
    - "(9) To develop outreach strategies and treatments for families of members of the armed forces with combat-related mental health conditions or brain injuries in order to mitigate the negative impacts of such conditions and injuries on such family

- 1 members and to support the recovery of such mem-2 bers from such conditions and injuries.
- "(10) To conduct research on the unique mental health needs of women members of the armed forces who serve in combat zones and develop treatments to meet any needs identified through such research.
  - "(11) To conduct research on the unique mental health needs of ethnic minority members of the armed forces who serve in combat and develop treatments to meet any needs identified through such research.
  - "(12) To conduct research on the mental health needs of families of members of the armed forces who are deployed to combat zones and develop treatments to meet any needs identified through such research.
  - "(13) To develop and oversee a long-term plan to increase the number of mental health and neurological health professionals within the Department in order to facilitate the meeting by the Department of the long-term needs of members of the armed forces with combat-related mental health conditions or brain injuries.

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| 1  | "(14) Such other responsibilities as the Sec-              |
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| 2  | retary shall specify.".                                    |
| 3  | (2) CLERICAL AMENDMENT.—The table of sec-                  |
| 4  | tions at the beginning of chapter 55 of such title is      |
| 5  | amended by inserting after the item relating to sec-       |
| 6  | tion 1105 the following new item:                          |
|    | "1105a. Centers of Excellence in Military Mental Health.". |
| 7  | (3) Report on establishment.—Not later                     |
| 8  | than 180 days after the date of the enactment of           |
| 9  | this Act, the Secretary of Defense shall submit to         |
| 10 | Congress a report on the establishment of Centers of       |
| 11 | Excellence in Military Mental Health under section         |
| 12 | 1105a of title 10, United States Code (as added by         |
| 13 | paragraph (1)). The report shall—                          |
| 14 | (A) set forth the number and location of                   |
| 15 | the Centers of Excellence in Military Mental               |
| 16 | Health so established;                                     |
| 17 | (B) for each Center so established, de-                    |
| 18 | scribe in detail the activities and proposed ac-           |
| 19 | tivities of such Center; and                               |
| 20 | (C) assess the general progress of the Cen-                |
| 21 | ters in discharging the responsibilities set forth         |
| 22 | in that section.   |
| 23 | (b) Oversight.—  |
| 24 | (1) Board of oversight.—The Secretary of                   |
| 25 | Defense shall establish a board to oversee the activi-     |

| 1  | ties of the Centers of Excellence in Military Mental |
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| 2  | Health of the Department of Defense established      |
| 3  | under section 1105a of title 10, United States Code  |
| 4  | (as added by subsection (a)). The board shall be     |
| 5  | known as the "Board of Oversight of Excellence in    |
| 6  | Military Mental Health" (in this subsection referred |
| 7  | to as the "Board").                                  |
| 8  | (2) Membership.—                                     |
| 9  | (A) REQUIRED MEMBERS.—The members                    |
| 10 | of the Board shall include the following:            |
| 11 | (i) The director of each Center of Ex-               |
| 12 | cellence in Military Mental Health.                  |
| 13 | (ii) The commanding officer of Walter                |
| 14 | Reed Army Medical Center, District of Co-            |
| 15 | lumbia.  |
| 16 | (iii) The Surgeon General of the                     |
| 17 | Army, the Surgeon General of the Navy,               |
| 18 | and the Surgeon General of the Air Force.            |
| 19 | (iv) The Assistant Secretary of De-                  |
| 20 | fense for Health Affairs.                            |
| 21 | (B) AUTHORIZED MEMBERS.—With the                     |
| 22 | joint approval of the Secretary of Defense and       |
| 23 | the Secretary of Veterans Affairs, the members       |
| 24 | of the Board may include any of the following:       |

| 1  | (i) The Under Secretary of Veterans                |
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| 2  | Affairs for Health.                                |
| 3  | (ii) Any director of a polytrauma cen-             |
| 4  | ter of the Department of Veterans Affairs.         |
| 5  | (3) Meetings.—The Board shall meet not less        |
| 6  | often than four times each year.                   |
| 7  | (4) Responsibilities.—The responsibilities of      |
| 8  | the Board shall include the following:             |
| 9  | (A) To consider and evaluate proposals of          |
| 10 | the Centers of Excellence in Military Mental       |
| 11 | Health in the discharge of the responsibilities of |
| 12 | such Centers.                                      |
| 13 | (B) To develop mechanisms for the dis-             |
| 14 | semination and implementation of recommenda-       |
| 15 | tions and best practices on military mental        |
| 16 | health developed by the Centers of Excellence in   |
| 17 | Military Mental Health.                            |
| 18 | (C) Such other responsibilities as the Sec-        |
| 19 | retary shall establish for purposes of this sec-   |
| 20 | tion.  |
| 21 | SEC. 5. PERSONNEL SHORTAGES IN MENTAL HEALTH       |
| 22 | WORKFORCE OF THE DEPARTMENT OF DE-                 |
| 23 | FENSE.   |
| 24 | (a) Recommendations on Means of Addressing         |
| 25 | SHORTAGES.—  |

- 1 (1) Report.—Not later than 45 days after the date of the enactment of this Act, the Secretary of 2 3 Defense shall submit to the Committees on Armed Services of the Senate and the House of Representatives a report setting forth the recommendations of 6 the Secretary for such legislative or administrative 7 actions as the Secretary considers appropriate to ad-8 dress current personnel shortages in the mental 9 health workforce of the Department of Defense.
  - (2) ELEMENTS.—The report required by paragraph (1) may include recommendations on the following:
    - (A) Enhancements or improvements of financial incentives for personnel in the mental health workforce of the Department of Defense in order to enhance the recruitment and retention of such personnel, including recruitment, accession, or retention bonuses and scholarship, tuition, and other financial assistance.
    - (B) Modifications of service obligations of personnel in the mental health workforce.
- 22 (C) Such other matters as the Secretary 23 considers appropriate.
- 24 (b) RECRUITMENT.—Commencing not later than 180 25 days after the date of the enactment of this Act, the Sec-

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- 1 retary of Defense shall implement programs to recruit
- 2 qualified individuals in mental health fields to service in
- 3 the Armed Forces as mental health personnel of the

4 Armed Forces.

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